St. Mary the Virgin Anglican Catholic Parish

Oakwood Memorial Park • 22607 Lassen Street Chatsworth, California 91311 (747) 755-8498 http://www.stmaryanglican.org The Right Reverend Anthony F. Rasch, Rector The Rev. Deacon John Yeager, Assisting

The First Sunday in Lent 6 March 2022

Low Mass

A Penitential Office for Ash Wednesday

Psalm 51

Miserere mei, Deus

Have mercy upon me, O God, after thy great goodness; * according to the multitude of thy mercies do away mine offences.

Wash me throughly from my wickedness, * and cleanse me from my sin.

For I acknowledge my faults, * and my sin is ever before me.

Against thee only have I sinned, and done this evil in thy sight; * that thou mightest be justified in thy saying, and clear when thou art judged.

Behold, I was shapen in wickedness, * and in sin hath my mother conceived me.

But lo, thou requirest truth in the inward parts, * and shalt make me to understand wisdom secretly.

Thou shalt purge me with hyssop, and I shall be clean; * thou shalt wash me, and I shall be whiter than snow.

Thou shalt make me hear of joy and gladness, * that the bones which thou hast broken may rejoice.

Turn thy face from my sins, * and put out all my mis-deeds.

Make me a clean heart, O God, * and renew a right spirit within me.

Cast me not away from thy presence, * and take not thy holy Spirit from me.

O give me the comfort of thy help again, * and stablish me with thy free Spirit.

Then shall I teach thy ways unto the wicked, * and sinners shall be converted unto thee.

Deliver me from blood-guiltiness, O God, thou that art the God of my health; * and my tongue shall sing of thy righteousness.

Thou shalt open my lips, O Lord, * and my mouth shall show thy praise.

For thou desirest no sacrifice, else would I give it thee; but thou delightest not in burnt-offerings.

The sacrifice of God is a troubled spirit: * a broken and contrite heart, O God, shalt thou not despise.

Minister: Glory be to the Father, and to the Son, * and to the Holy Ghost;

People: As it was in the beginning, is now, and ever shall be, * world without end. Amen.

Minister: Lord, have mercy upon us.
People: Christ, have mercy upon us.
Minister: Lord, have mercy upon us.

All: Our Father, who art in heaven, Hallowed be thy Name. Thy kingdom come. Thy will be

done, On earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive those who trespass against us. And lead us not into temptation,

But deliver us from evil. Amen.

Minister: O Lord, save thy servants; People: That put their trust in thee.

Minister: Send unto them help from above.

People: And evermore mightily defend them.

60

Minister: Help us, O God our Saviour.

People: And for the glory of thy Name deliver us; be merciful to us sinners, for thy Name's sake.

Minister: O Lord, hear our prayer.

People: And let our cry come unto thee.

Minister: Let us pray.

O Lord, we beseech thee, mercifully hear our prayers, and spare all those who confess their sins unto thee; that they, whose consciences by sin are accused, by thy merciful pardon may be absolved; through Christ our Lord. *Amen*.

O Most mighty God, and merciful Father, who hast compassion upon all men, and who wouldest not the death of a sinner, but rather that he should turn from his sin, and be saved; Mercifully forgive us our trespasses; receive and comfort us, who are grieved and wearied with the burden of our sins. Thy property is always to have mercy; to thee only it appertaineth to forgive sins. Spare us therefore, good Lord, spare thy people, whom thou hast redeemed; enter not into judgment with thy servants; but so turn thine anger from us, who meekly acknowledge our transgressions, and truly repent us of our faults, and so make haste to help us in this world, that we may ever live with thee in the world to come; through Jesus Christ our Lord. *Amen*.

All:

Turn thou us, O good Lord, and so shall we be turned. Be favourable, O Lord, Be favourable to thy people, Who turn to thee in weeping, fasting, and praying. For thou art a merciful God, Full of compassion, Long-suffering, and of great pity. Thou sparest when we deserve punishment, And in thy wrath thinkest upon mercy. Spare thy people, good Lord, spare them, And let not thine heritage be brought to confusion. Hear us, O Lord, for thy mercy is great, And after the multitude of thy mercies look upon us; Through the merits and mediation of thy blessed Son, Jesus Christ our Lord. *Amen*.

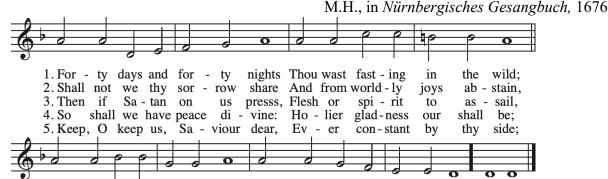
Minister:

O GOD, whose nature and property is ever to have mercy and to forgive; Receive our humble petitions; and though we be tied and bound with the chain of our sins, yet let the pitifulness of thy great mercy loose us; for the honour of Jesus Christ, our Mediator and Advocate. *Amen*.

THE LORD bless us, and keep us. The LORD make his face to shine upon us, and be gracious unto us. The LORD lift up his countenance upon us, and give us peace, both now and evermore. *Amen*.

Processional Hymn 55

Heinlein



For - ty days and for - ty nights Tempt - ed, and yet un - de-filed. A-men. Fast - ing with un - ceas-ing prayer, Strong with thee to suf - fer pain? Vic - tor in the wil - der - ness, Grant we may not faint nor fail! Round us, too, shall an - gels shine, Such as min - is - tered to thee.

That withthee we may ap - pear At the e - ter - nal Eas - ter-tide.

George Hunt Smyttan, 1856, alt.

Collect for Purity BCP 67

Introit

The Blessing and Imposition of Ashes

The Decalogue (may be said here)

68

Deacon: GOD spake these words, and said:

I am the LORD thy God; Thou shalt have none other gods but me.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt not make to thyself any graven image, nor the likeness of any thing that is in

heaven above, or in the earth beneath, or in the water under the earth; thou shalt not bow

down to them, nor worship them;

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt not take the Name of the LORD thy God in vain

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Remember that thou keep holy the Sabbath-day.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Honour thy father and thy mother;

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt do no murder.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt not commit adultery.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt not steal.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt not bear false witness against thy neighbour.

People: Lord, have mercy upon us, and incline our hearts to keep this law.

Deacon: Thou shalt not covet.

People: Lord, have mercy upon us, and write all these thy laws in our hearts, we beseech thee.

Summary of the Law (may be omitted if the Decalogue is said)

69

Kyrie Eleison 70

Celebrant: Lord, have mercy upon us.
People: Christ, have mercy upon us.
Celebrant: Lord, have mercy upon us.

Collect for the First Sunday in Lent

125

O LORD, who for our sake didst fast forty days and forty nights; Give us grace to use such abstinence, that, our flesh being subdued to the Spirit we may ever obey thy godly motions in righteousness, and true holiness, to thy honour and glory, who livest and reignest with the Father and the Holy Ghost, one God, world without end. *Amen*.

Collect for the Lenten Season

124

ALMIGHTY and everlasting God, who hatest nothing that thou hast made, and dost forgive the sins of all those who are penitent; Create and make in us new and contrite hearts, that we, worthily lamenting our sins and acknowledging our wretchedness, may obtain of thee, the God of all mercy, perfect remission and forgiveness; through Jesus Christ our Lord. *Amen*.

The Lesson

Isaiah 58:3-4, 6-9

Wherefore have we fasted, say they, and thou seest not? wherefore have we afflicted our soul, and thou takest no knowledge? Behold, in the day of your fast ye find pleasure, and exact all

your labours. Behold, ye fast for strife and debate, and to smite with the fist of wickedness: ye shall not fast as ye do this day, to make your voice to be heard on high.

Is not this the fast that I have chosen? to loose the bands of wickedness, to undo the heavy burdens, and to let the oppressed go free, and that ye break every yoke? Is it not to deal thy bread to the hungry, and that thou bring the poor that are cast out to thy house? when thou seest the naked, that thou cover him; and that thou hide not thyself from thine own flesh? Then shall thy light break forth as the morning, and thine health shall spring forth speedily: and thy righteousness shall go before thee; the glory of the Lord shall be thy reward. Then shalt thou call, and the Lord shall answer; thou shalt cry, and he shall say, Here I am. If thou take away from the midst of thee the yoke, the putting forth of the finger, and speaking vanity;

Psalm 49 Audite haec, omnes 400

O HEAR ye this, all ye people; * ponder it with your ears, all ye that dwell in the world;

High and low, rich and poor, * one with another.

My mouth shall speak of wisdom, * and my heart shall muse of understanding.

I will incline mine ear to the parable, * and show my dark speech upon the harp.

Wherefore should I fear in the days of evil, * when wickedness at my heels compasseth me round about?

There be some that put their trust in their goods, * and boast themselves in the multitude of their riches.

But no man may deliver his brother, * nor give a ransom unto God for him,

(For it cost more to redeem their souls, * so that he must let that alone for ever;)

That he shall live alway, * and not see the grave.

For he seeth that wise men also die and perish together, * as well as the ignorant and foolish, and leave their riches for other.

And yet they think that their houses shall continue for ever, and that their dwelling-places shall endure from one generation to another; * and call the lands after their own names.

Nevertheless, man being in honour abideth not, * seeing he may be compared unto the beasts that perish; This their way is very foolishness; * yet their posterity praise their saying.

They lie in the grave like sheep; death is their shepherd; and the righteous shall have dominion over them in the morning: * their beauty shall consume in the sepulchre, and have no abiding.

But God hath delivered my soul from the power of the grave; * for he shall receive me.

Be not thou afraid, though one be made rich, * or if the glory of his house be increased;

For he shall carry nothing away with him when he dieth, * neither shall his pomp follow him.

For while he lived, he counted himself an happy man; * and so long as thou doest well unto thyself, men will speak good of thee.

He shall follow the generation of his fathers, * and shall never see light.

Man that is in honour but hath no understanding * is compared unto the beasts that perish.

Glory be to the Father, and to the Son, * and to the Holy Ghost.

As it was in the beginning, is now, and ever shall be; * world without end. Amen.

Epistle

2 Corinthians 6:1-10

BRETHREN: We then, as workers together with him, beseech you also that ye receive not the grace of God in vain; (for he saith, I have heard thee in a time accepted, and in the day of salvation have I succoured thee: behold, now is the accepted time; behold, now is the day of salvation;) giving no offence in any thing, that the ministry be not blamed: but in all things approving ourselves as the ministers of God, in much patience, in afflictions, in necessities, in distresses, in stripes, in imprisonments, in tumults, in labours, in watchings, in fastings; by pureness, by knowledge, by long-suffering, by kindness, by the Holy Ghost, by love unfeigned, by the word of truth, by the power of God, by the armour of righteousness on the right hand and on the left, by honour and dishonour, by evil report and good report: as deceivers, and yet true;

as unknown, and yet well known; as dying, and, behold, we live; as chastened, and not killed; as sorrowful, yet alway rejoicing; as poor, yet making many rich; as having nothing, and yet possessing all things.

Gradual and Tract

The Gospel

St. Matthew 4:1-11 126

AT that time; Then was Jesus led up of the spirit into the wilderness to be tempted of the devil. And when he had fasted forty days and forty nights, he was afterward an hungred. And when the tempter came to him, he said, If thou be the Son of God, command that these stones be made bread. But he answered and said, It is written, Man shall not live by bread alone, but by every word that proceedeth out of the mouth of God. Then the devil taketh him up into the holy city, and setteth him on a pinnacle of the temple, and saith unto him, If thou be the Son of God, cast thyself down: for it is written, He shall give his angels charge concerning thee: and in their hands they shall bear thee up, lest at any time thou dash thy foot against a stone. Jesus said unto him, It is written again, Thou shalt not tempt the Lord thy God. Again, the devil taketh him up into an exceeding high mountain, and sheweth him all the kingdoms of the world, and the glory of them; and saith unto him, All these things will I give thee, if thou wilt fall down and worship me. Then saith Jesus unto him, Get thee hence, Satan: for it is written, Thou shalt worship the Lord thy God, and him only shalt thou serve. Then the devil leaveth him, and, behold, angels came and ministered unto him.

Nicene Creed 71

I BELIEVE in one God the Father Almighty, Maker of heaven and earth, And of all things visible and invisible:

And in one Lord Jesus Christ, the only-begotten Son of God; Begotten of his Father before all worlds, God of God, Light of Light, Very God of very God; Begotten, not made; Being of one substance with the Father; By whom all things were made: Who for us men and for our salvation came down from heaven, And was incarnate by the Holy Ghost of the Virgin Mary, And was made man: And was crucified also for us under Pontius Pilate; He suffered and was buried: And the third day he rose again according to the Scriptures: And ascended into heaven, And sitteth on the right hand of the Father: And he shall come again, with glory, to judge both the quick and the dead; Whose kingdom shall have no end.

And I believe in the Holy Ghost, The Lord, and Giver of Life, Who proceedeth from the Father and the Son; Who with the Father and the Son together is worshipped and glorified; Who spake by the Prophets: And I believe one Catholic and Apostolic Church: I acknowledge one Baptism for the remission of sins: And I look for the Resurrection of the dead: And the Life of the world to come. *Amen*.

Announcements

Sermon Hymn 59



- 1. Lord, who throughout these for ty days For us didst fast and pray,
- 2. As thou with Sa tan didst con tend, And didst the vic t'ry win,
- 3. As thou didst hun-ger bear and thirst, So teach us gra-cious Lord, 4. And through these days of pen i tence, And through thy Pas-sion-tide,
- 5. A bide with us, that so, this life Of suff 'ring o ver past,



Teach us with thee to mourn our sins, And close by thee to stay. A - men.

O give us strength in thee to fight, In thee to con-quer sin.

To die to self, and chief - ly live By thy most ho - ly word.

Yea, ev - er - more, in life and death, Je - sus! with us a - bide.

An Eas-ter of un-end - ing joy We may at - tain at last!

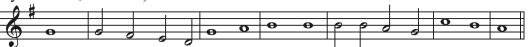
Claudia F. Hernaman, 1873

Sermon

The Rt. Reverend Anthony. F. Rasch



Doxology (Hymnal 139, 1st verse)



Praise God, from whom all bless-ings flow; Praise him, all crea-tures here be - low;



Praise him above, ye heav'n-ly host: Praise Father, Son, and Ho-ly Ghost. Amen.

Bidding Prayers

Orate, Fratres

Celebrant: Brethren, pray that my sacrifice and yours may be acceptable to God the Father

Almighty.

People: The Lord receive this sacrifice at thy hands, to the praise and glory of his Name; both to

our benefit and that of all his holy Church. Amen.

Prayer for the Whole State of Christ's Church

74

General Confession

75

ALMIGHTY God, Father of our Lord Jesus Christ, Maker of all things, Judge of all men; We acknowledge and bewail our manifold sins and wickedness, Which we, from time to time, most grievously have committed, By thought, word, and deed, Against thy Divine Majesty, Provoking most justly thy wrath and indignation against us. We do earnestly repent, And are heartily sorry for these our misdoings; The remembrance of them is grievous unto us; The burden of them is intolerable. Have mercy upon us, Have mercy upon us, most merciful Father; For thy Son our Lord Jesus Christ's sake, Forgive us all that is past; And grant that we may ever hereafter Serve and please thee In newness of life, To the honour and glory of thy Name; Through Jesus Christ our Lord, Amen.

Absolution 76

The Comfortable Words

76

Sursum Corda 76

Celebrant: Lift up your hearts.

People: We lift them up unto the Lord.

Celebrant: Let us give thanks unto our Lord God.

People: It is meet and right so to do.

Preface of Lent

Sanctus and Benedictus

77

HOLY, HOLY, Lord God of hosts, Heaven and earth are full of thy glory: Glory be to thee, O Lord Most High.

₩ Blessed is he that cometh in the name of the Lord, Hosanna in the highest.

Prayer of Consecration

80

Celebrant: And now, as our Saviour Christ hath taught us, we are bold to say,

The Lord's Prayer 82

OUR Father, who art in heaven, Hallowed be thy Name. Thy kingdom come. Thy will be done, On earth as it is in heaven. Give us this day our daily bread. And forgive us our trespasses, As we forgive those who trespass against us. And lead us not into temptation, But deliver us from evil. For thine is the kingdom, and the power, and the glory, for ever and ever. *Amen*.

The Peace

Celebrant: The peace of the Lord be always with you.

People: And with thy spirit.

Agnus Dei

Celebrant: O Lamb of God, that takest away the sins of the world,

People: Have mercy upon us.

Celebrant: O Lamb of God, that takest away the sins of the world,

People: Have mercy upon us.

Celebrant: O Lamb of God, that takest away the sins of the world,

People: Grant us thy peace.

Prayer of Humble Access

82

Communion of the Faithful

Celebrant: Behold the Lamb of God; behold Him that taketh away the sins of the world.

People: (3x) Lord, I am not worthy that thou shouldst come under my roof, but speak the word

only and my soul shall be healed.

For those attending in person, we have resumed the customer of kneeling or standing at the Altar Rail to Receive. Here are the various Ways of Receiving:

- 1. Receive the Host into your hands, or directly onto the tongue. Receive directly from the Chalice, guiding it gently by the base.
- 2. Receive by Intinction, receiving the Host into your hands and leaving it there; the Deacon will take it and dip it in the Chalice and place it onto your tongue.
- 3. You may receive only the Host of itself, either in your hands or on your tongue. Our Lord is equally present in either Form.

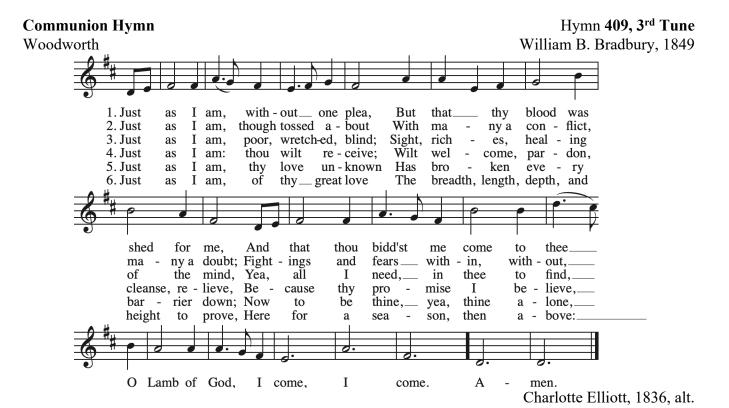
Please replace your mask as you return to your seat.

As a precaution and courtesy to others and for your own safety, we respectfully request that in the event you are not vaccinated against COVID-19 or are currently suffering from a cold or other communicable illness, please refrain from receiving from the Chalice.

For those attending remotely: Please take a moment of silence to realize the presence of Jesus Christ in your soul and make your spiritual communion.

In union, O Dear Lord, with the faithful at every Altar of Thy Church, where Thy blessed Body and Blood have been offered to the Father, I desire to offer Thee praise and thanksgiving. I present to Thee my soul and body, with the earnest wish that I may ever be united to Thee. And since I cannot now receive Thee sacramentally, I beseech Thee to come spiritually into my heart. I unite myself to Thee, and embrace Thee with all the affections of my soul. O let nothing ever separate me from Thee. Let me live and die in Thy love. Amen.

Grant, O Lord Jesus Christ, that as the hem of Thy garment, touched in faith, healed the woman who could not touch Thy Body, so the soul of Thy servant may be healed by like faith in Thee, Whom I cannot now sacramentally receive; through Thy tender mercy, Who livest and reignest with the Father in the unity of the Holy Ghost ever one God. Amen.



Prayer of Thanksgiving

Almighty and everliving God, we most heartily thank thee, for that thou dost vouchsafe to feed

us who have duly received these holy mysteries, with the spiritual food of the most precious Body and Blood of thy Son our Saviour Jesus Christ; and dost assure us thereby of thy favour and goodness towards us; and that we are very members incorporate in the mystical body of thy Son, which is the blessed company of all faithful people; and are also heirs through hope of thy everlasting kingdom, by the merits of his most precious death and passion. And we humbly beseech thee, O heavenly Father, so to assist us with thy grace, that we may continue in that holy fellowship, and do all such good works as thou hast prepared for us to walk in; through Jesus Christ our Lord, to whom, with thee and the Holy Ghost, be all honour and glory, world without end. Amen.

Communion Verse & Post-Communion Prayers

Imposition of Ashes (for those who did not receive them at the beginning of Mass)

Dismissal

Episcopal Blessing

Bishop: Blessed be the name of the Lord People: From this time forth forever more. Bishop: Our help is in the name of the Lord Who hath made heaven and earth. People:

The Peace of God, which passeth all understanding, keep your hearts and minds in the Bishop:

> knowledge and love of God, and of his Son Jesus Christ our Lord: And the ♣Blessing of God Almighty, the Father, the Son, and the Holy Ghost, be amongst you, and remain with

you always. *Amen*.

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St. Gertrude



Announcements

Celebrant **Epistoler** Lector Acolyte **Organist** Altar Guild Zoom Wrangler The Right Reverend Anthony F. Rasch Ken Kubo, Candidate for Holy Orders

> Tony Shehata Patrick Dempsey Gretchen Martin Landon Melamed

Thank you for joining us for this service! Please continue to take care of yourselves and let us know if you need additional prayers or assistance.

Deacon Yeager is recovering from an illness and will be back at the Altar with us next Sunday. Please keep him in your prayers.

Midweek Mass will be celebrated this week on Wednesday at 10 am (Ember Wednesday in Lent).

Our Lenten series of Evening Prayer, light meatless pot-luck supper, and Bible study will commence this Wednesday at 6 pm at the Martin residence.

Happy Birthday!
Barbara Bowyer (10 March)

The Vestry meets next Sunday following the Coffee Fellowship.